West Midlands Autism & ADHD
Assessment Service

You're in the right hands.

Personalised, multidisciplinary ADHD assessments for adults aged 18 and over.

Face-to-face care.
Time to be yourself.

Time to listen. Space to be yourself.

We take time to listen, understand your experiences and explore what you hope to gain from an assessment.

- **The effort behind coping**

  We explore attention, organisation, impulsivity and restlessness, including less visible difficulties and overlooked experiences.

- **Health, history & co-occurring factors**

  Mental health, trauma, physical health and autism may overlap or coexist. We consider alternative explanations too.

- **Daily life, function & wellbeing**

  Your relationships, work, study, routines and daily tasks and what matters to you all form part of the whole picture.

Meet us first.
Personalise the pathway.

Phase 1 explores your needs and the best next step. If you continue, its information and observations form part of the full assessment.

1. **Provisional registration**

   Complete registration, agree to the Terms and pay the Phase 1 fee through the separate emailed payment link.

2. **Clinical triage**

   Initial review by Dr Laura Onens, Dr Victoria Crooks or their team; may identify another service or step.

3. **An invitation to book**

   Phase 1 explores whether to proceed to full assessment. Signposting may follow; you do not have to continue.

Where triage identifies a clear need for another service or step, we let you know and refund your payment in full before any Phase 1 appointment is booked. This triage refund does not apply after a completed Phase 1 session. Phase 1 is not a diagnosis.

Autism, ADHD or combined assessments

Discuss combined options and discounts at Phase 1.

Meet our Co-Directors

Together, over 40 years' experience in clinical practice.

Dr Laura Onens

Clinical Psychologist
Autism pathway lead
HCPC-registered

Dr Victoria Crooks

Clinical Psychologist
ADHD pathway lead
HCPC-registered

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