



West Midlands Autism & ADHD
Assessment Service

You're in the right hands.

Personalised, multidisciplinary
ADHD assessments for adults
aged 18 and over.

Face-to-face care.
Time to be yourself.



Understanding adult ADHD.

As Clinical Psychologists, we are passionate about
understanding the person behind the presentation.

● **The effort behind coping**

We explore attention, organisation, impulsivity and restlessness,
including less visible difficulties and overlooked experiences.

● **Health, history & co-occurring factors**

Mental health, trauma, physical health and autism may overlap
or coexist. We consider alternative explanations too.

● **Daily life, function & wellbeing**

Your relationships, work, study, routines and daily tasks
and what matters to you all form part of the whole picture.

Meet us first. Personalise the pathway.

Phase 1 begins your assessment. If you continue, its information and observations form part of the full assessment.

1

Provisional registration

Complete registration, agree to the Terms and pay the Phase 1 fee through the separate emailed payment link.

2

Clinical triage

Dr Laura Onens, Dr Victoria Crooks or their team reviews your registration before you book.

3

An invitation to book

Once triaged, book Phase 1 with a Clinical Psychologist, in clinic or by video. There is no obligation to continue.

If our service is unlikely to meet your needs, we tell you at triage and refund your payment in full before any Phase 1 appointment. This refund does not apply after a completed Phase 1 session. Phase 1 does not provide a definitive diagnosis.

Autism, ADHD or combined assessments

Discuss combined options and discounts at Phase 1.

Meet our Co-Directors

Together, over 40 years' experience in clinical practice.

Dr Laura Onens

Clinical Psychologist
Autism pathway lead
HCPC-registered

Dr Victoria Crooks

Clinical Psychologist
ADHD pathway lead
HCPC-registered